

Natural Healing Express Weekly

Column Volume 130 Cancer, Part 1

Dear Cancer, I very much do not like you. You have robbed many of us from precious moments with our loved ones. You have taken healthy bodies and wreaked your havoc. You have caused hurt. You have caused a lot of pain. You have caused the burning, poisoning and cutting of many fine individuals, and worse yet, many of them are children. You try to spare no one.

You have broken families. You have caused some to doubt God. His will be done, not yours. You have taken away opportunities for those who were about to shine. You have crippled families and caused financial harm. And sometimes, you say nothing at all, you just sneak attack and don't show yourself until it is too late; as in really too late. Oh the reasons I don't like you are plenty.

But today, as much as I do not like you, I choose to forgive you. Why? Why do I do take this action in a most sincere way? Simply because I do not want to walk around with your energy attached to me any longer. See, the forgiveness is not about you. It's about me. When you took my friend, my vibrant, sweet friend who had a lot of life ahead of her, I became angry. And, that's what you wanted.

And from here on out, you are no longer going to get what you want. I am going to improve the odds for everyone left here even if it takes writing three or five columns to do it. I choose to release you and your ways to a higher power who can deal with you much better than I can.

Quite simply' I AM ON TO YOU. I think I have a clue how you attack your next "victims". It starts with being angry. As in really angry. The kind of anger that no one could blame a mother for who watches her child pass away before her very eyes. But you won't be winning nearly as much if I can help it. And, I will celebrate victory over you by passing on solid information and giving people a chance to improve their knowledge. And guess what? They will fight you, too.

Many times the anger that helps your cause so much occurs because of something you did. Someone YOU attacked with your cunning ways passes away. Or as you prefer, they descend slowly, eating the tissue away before anyone feels any pain and then it's too late.

Sometimes you are very sneaky. And you love it when your viciousness is spread to the next victim, especially when they are mourning. But I have news for you cancer; I am going to do what is in my power to stop you. I will be pouring heart and soul into these next few articles to give folks the knowledge it takes to dimension their chances of having to deal with you at all. I will give nutrition tips. I will talk candidly about what can be done to improve a person's immune system. I will use my gift of writing this article to give hope and knowledge.

So, again I truly forgive you, cancer. I no longer will hold malice or anger for you. And this renders you powerless because you feed on anger, bitterness and stress. From here on out, we will stay positive and we will fight the good fight. Even if it helps only one soul, I will consider it a success to grasp their health from your dominion. Cancer, you are on notice.

This is for all the folks who have been affected by your nastiness, including our dear Rita. Godspeed to all who have passed from your doing. And, for all of you dealing with it, I hope to be of service to you. Next week, five things you can do to help prevent cancer.

Enjoy! Hope to see you soon and as always, please contact us via one of the following methods. Natural Healing Express: Phone 815 990 8732, email: [skscham@aol.com](mailto:skscham@aol.com) 204 W Main St, Lena, IL 61048.

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