

Natural Healing Express Weekly

Column Volume 131 Cancer, Part 2 Cancer and Statins

Well, I have promised you some good articles on cancer. And, let me tell you I have been doing some research. I have been reading a lot of Dr. Brownstein of Michigan. He makes a lot of sense. I am going to share some of the statistics that he has found regarding cancer. These are a bit more specific to breast cancer, which one in seven women in the US end of getting.

So, why do one in seven women have breast cancer? One reason is the use of synthetic hormones fed to animals and other synthetic hormones prescribed to women such as medroxyprogesterone including Provera. Another reason is statin medications.

A recent study found that current users of statins for ten years or longer had an 83% increased risk of invasive ductal carcinoma and a 97% increased risk of invasive lobular carcinoma, when compared to never-users of statins. Among women diagnosed with hypercholesterolemia, current users of statins for ten years or longer had a 104% increased risk of invasive ductal carcinoma and a 143% increased risk of invasive lobular carcinoma.¹

What Dr. Brownstein has concluded is that when you look at the mechanism of action of statins, and the resultant depletion of cholesterol and CoQ10, he believes that long-term statin use will inevitably lead to increased risk of cancer.

Dr. Brownstein further concludes, "Studying the biochemical action of statins would lead one to conclude that an increased risk of cancer (as well as diabetes, infection, memory loss, muscle deterioration and other adverse effects) is likely. Even more appalling is the fact that statins have never been shown, in women and most men, to prevent heart attacks and strokes."

What can you do? Dr. Brownstein suggests, "Educate yourself about the mechanism of action of a drug. Search for ways to support the body's biochemistry instead of poisoning enzymes (this is how statins work) and blocking receptors. Most drugs—over 98%—work by poisoning enzymes or blocking receptors. We were not designed to have our enzymes poisoned or our receptors blocked."

And I agree. Education about your own health is critical. If it is going into your mouth or your bloodstream, take the time to understand why. Here's another excerpt from Dr. Brownstein, "New data from the Framingham Heart Study finds that low LDL-cholesterol is related to the future development of cancer. Scientists studied 201 participants with cancer who were matched with 201 controls who were cancer free. The researchers looked at the trend of LDL-cholesterol for an extended period of time prior to cancer diagnosis, using data taken at four points over an average of 18.7 years prior to diagnosis. They found that LDL-cholesterol levels were lower in the participants with cancer than their matched controls at each of the data points.

As compared to the cancer-free subjects, the trend of low LDL-cholesterol in those who developed cancer was consistent throughout the period of the study. (Medicalnewstoday.com 3.27.2012)

This is another, in an ever-growing number of studies showing an association between low cholesterol (including LDL-cholesterol) and cancer development. One risk is developing cancer. Another risk is poor immune system function since cholesterol helps the cells maintain their integrity. Also, lowering cholesterol to miniscule levels will worsen toxicity symptoms as cholesterol helps to buffer toxicities in the body. One of the highest levels of cholesterol in the body is in the brain. It doesn't take a rocket scientist to predict that lowered cholesterol levels would be associated with brain disorders. In fact, lowered cholesterol levels (and

LDL-cholesterol levels) have been associated with the development of neurological disorders such as Parkinson's and Alzheimer's disease. “

Next week, more on cancer.

(1) *Cancer Epidemiol Biomarkers Prev* Published OnlineFirst July 5, 2013

Enjoy! Hope to see you soon and as always, please contact us via one of the following methods. Natural Healing Express: Phone 815 990 8732, email: skscham@aol.com 204 W Main St, Lena, IL 61048.

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